

THE STERNFELD STAR

BARONY OF STERNFELD

JANUARY 2010, A.S. XLV

THE STERNFELD STAR
LISS CAPELLO, CHRONICLER
(ODILE DE BRIENNE)
1208 HOOVER LANE
INDIANAPOLIS, IN 46260-2830



In this issue:
Officer Reports!
The Role of a Champion
What Does it Mean to Host an Event?
Meet the MONK!
Next Business Meeting: Thursday, January 21, 2010
St. Timothy's Episcopal Church
Everyone welcome—No experience necessary!

CALENDAR

--Local and selected events only--

Consult **The Pale** or www.midrealm.org for complete event listings.

January 2010

5, 12, 19, 26 Fighter Practice, Krannert Family Center

- 9** **Holiday Court {Barony of Sternfeld} [Tipton, IN]**
Pentamere 12th Night {Barony of Roaring Wastes} [Detroit, MI]
Twelfth Night {Havenholde} [Urbana, OH]
- 16** 12th Night Celtic Fair {Tree-Girt-Sea} [Chicago, IL]
- 16-17** Winter Revel {Canton of Three Walls} [Ionia, MI]
- 21** **Business Meeting, St. Timothy's Episcopal Church, 6:45-9pm**
- 23** A Tudor Christmas {Barony of Middle Marches} [Columbus, OH]
Al Hafla – A Winter Oasis {Incipient Shire of Ballachlagan} [Wheeling, WV]
Festival of Maidens XXXVII {Wurm Wald} [Urbana, IL]
Winter Revel {Shire of Rivenvale} [Youngstown, OH]
- 30** A Festival of Fools {Barony of Cleftlands} [Parma, OH]
Better War Through Archery {Barony of Sternfeld} [Indianapolis, IN]
Pentamere Academy of Defense Rnd 4 { Ealdnordwuda} [Lansing, MI]

February 2010

2, 9, 16, 23 Fighter Practice, Krannert Family Center

- 6** Candlemas 23 {Shire of Dragonsmark} [Lexington, KY]
- 13** Val Day {Three Hills} [Kalamazoo, MI]
- 17** **Business Meeting, St. Timothy's Episcopal Church, 6:45-9pm**
- 20** Alderford's Masque of Courtly Love Presents R.U.M. {Alderford [Canton, OH]
Midlands Regional A & S {Baile na Scolairi} [Bloomington, IL]
- 27** North Oaken Regional Academy of Defense {Marche of Thistle} [Dalton, OH]
Winter's End {Barony of Fenix} [Edgewood, KY]

March 2010

2, 9, 16, 23, 30 Fighter Practice, Krannert Family Center

- 5-6** Golden Seamstress {Barony of Roaring Waste} [Dearborn, MI]
- 6** Ceilidh XXII {Barony of Flaming Gryphon} [Dayton, OH]
Eastwatch Dance and Gaming Revel {Eastwatch} [Fairport Harbor, OH]
Inkin' in Lincoln II {Shire of Rokkehealden} [Gilberts, IL]
- 13** Feast of St. Patrick {Shire of Afonlyn} [Muncie, IN]
It's All Fun and Games {Canton of Rimsholt} [Wyoming, MI]
- 14-21** Gulf Wars XIX {Kingdoms of Meridies and Gleann Abhann} [Lumberton, MS]
- 18** **Business Meeting, St. Timothy's Episcopal Church, 6:45-9pm**
- 20** Terpsichore at the Tower XVI {Barony of Cynnabar} [Saline, MI]
- 26-28** Winged Hills Collegium {Winged Hills} [Dayton, OH]
- 27** Cynnabar Baronial Investiture {Cynnabar} [Dexter, MI]
Rogue's Return {Shire of Swordcliff} [Virginia, IL]

WHERE TO FIND US

- ❖ **FIGHTER PRACTICE** - Every Tuesday, 6:30-9 pm. **Krannert Family Center, 605 S. High School Road.** Contact Seneschal Lady Katrina (Katrina Pogue), katrinasternfeld@gmail.com.
- ❖ **BUSINESS MEETING** - Third Thursdays, 6:45-9 pm. **St. Timothy's Episcopal Church, 2601 E. Thompson Road.** Contact Seneschal Lady Katrina (Katrina Pogue), katrinasternfeld@gmail.com.
- ❖ **DEAD LANGUAGES CLUB** - Second Wednesdays, 7-9 pm. Master John and Mistress Leanore's house, 1626 Marlborough Lane. Contact Master John & Mistress Leanore (John & Ellie Wright), 317-872-7216, elliepel@aol.com.
- ❖ **OPEN HOUSE/READING NIGHTS** - Every Wednesday, 7-9 pm. Master John and Mistress Leanore's house, 1626 Marlborough Lane. Contact Master John and Mistress Leanore (John and Ellie Wright), 317-872-7216, elliepel@aol.com.
- ❖ **DANCE PRACTICE** – First and third Mondays, 6:30-9 pm. **St. Timothy's Episcopal Church, 2601 E. Thompson Road.** Contact Lady Brigide Rose von Metten, wulfarose@yahoo.com.
- ❖ **COOKS' GROUP** - First and third Sundays, 4-6 pm. Abot Johann's house, 3901 Marrison Place. Contact Abot Johann (Marcus Loidolt), mjloidolt@yahoo.com.
- ❖ **ARTS & SCIENCE NIGHT** - Last Thursday evenings, at **Victory Memorial United Methodist Church, 1932 Woodlawn Avenue.** Contact Abot Johann (Marcus Loidolt), mjloidolt@yahoo.com.
- ❖ **ARCHERY PRACTICE** – Every Wednesday, 6:30-9 pm. **7800 Records St. Suite B.** Contact Lord Bran (Kelly Burgess), kburgess1@comcast.net.
- ❖ **MONTHLY BARDIC CIRCLES AND RANDOM POST-REVELS** - scheduled sporadically but enthusiastically. Contact Lady Floriana (Daisy Roberts Blair), 317-280-1930, or Lady Lucia (Kathi Coutinho), 317-293-0983.
- ❖ **GILDED COSTUMERS** - First Thursdays (& occasional weekends), 7-9 pm. Various locations. Contact THL Odette (Paula Ryan), 317-996-4630, odettedamboise@gmail.com.

Barony of Sternfeld: www.midrealm.org/sternfeld

Middle Kingdom: www.midrealm.org

Society for Creative Anachronism: www.sca.org

Sternfeld Yahoo Group: <http://groups.yahoo.com/group/sternfeld/>

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FROM THE BARON AND BARONESS



A Happy Yule Season to All,

We hope that your holidays were filled with good friends and warm memories.

We are looking forward to Baronial Yule this month the 9th and hope to see you all there. We encourage our rapier and rattan fighters to vie for the Baronial Championships that afternoon. We are also looking forward to having a Baronial cooking competition.

To end the month, we'll be looking forward to Better War Through Archery where we will get a new Archery champion. Since we will be hosting guests, we would encourage all members of Sternfeld to find some time during the day to volunteer. If you don't know where your hands can best serve, please see Leisl or Brendan. We're sure they can point you in the correct direction. Even if it's at the last moment, extra hands are always appreciated.

During this winter season, we would encourage all of you to take the time to meet new members of Sternfeld or get to know someone better who you don't know well.

Pax,
**BARON TORQUIL AND BARONESS
 MOIRA**



FROM THE CLERK OF THE ROSTER

Welcome to the year 2010!

My first order of business in the new year is to complete another updating of the Baronial Roster. I will be bringing the current version to Fighter Practice over the first two weeks of January, and enjoin everyone to take a glance at it to make sure that your contact information or awards have not changed, and to let me know if there are any errors.

Since I know some people are not able to attend Fighter Practice, I want to reiterate that it is perfectly fine to send me this information by email instead. The information recorded in the Roster includes SCA name, mundane name, mailing address, phone number, email address, and Baronial and Kingdom awards.

I anticipate having the updated edition of the Roster published by January 15, and will be sending a copy to all email addresses active and on file. As a new feature, I am making the Roster available alphabetized by either SCA name or mundane name, so if you have a preference, let me know!

Yours in service,
LADY ODILE DE BRIENNE

FROM THE SIGNET

Here is installment number two on creating your own Illuminators Model Book, if anyone wants help or has questions I will be at BWTA on January 30th, 2010.

<http://www.gutenbergdigital.de/gudi/eframes/index.htm>

The middle vein right through the foliage, which is painted light red, and with the dark green, also with a brush, the middle vein right through the green or slate green, as it is shown here. §

Then take again the dark red and mix it thinner in the hand or in a shell with pure, thin gum water, so that it is really thinner, as shown here: §

§§§

A Garb and Cook's Workshop was held on Saturday, January 2, at the Hinds Career Center in Elwood, IN, with attendance of approximately 18. The Costumer's Group is interested in making sewing workdays a more regular occurrence, as well as moving the location around the city, so if you have a suggestion for a location that would suit well, please speak to Baroness Moira or Lady Odette.

§§§

An interest has been expressed in the Barony organizing and creating gift baskets for Their Royal Majesties and Their Royal Highnesses – either as gifts for Them when they attend our events, or as largess offerings to assist Them with providing gifts for other Royalty or to their Populace. We are in need of someone to spearhead this effort. Please speak to Moira, Torquil, or Katrina if you are interested in heading it up!

§§§

Mail-in entries for the 2010 A&S Faire season are due postmarked by January 15th! This includes the Music Composition, Music Composition – SCA Culture Style, Poetry, Prose and Playwriting, Riding Performance – Equestrian, Research, and Animal Husbandry categories. Detailed requirements and the mailing address can be found at <http://www.midrealm.org/moas/>.

§§§

Have you nominated anyone for a Kingdom award lately? If you know someone whom you think is worthy of an award, nominate them! Our King and Queen depend on Their populace to submit nominations to assist Them in bestowing awards where they are deserved. It's easy to do, and gives you another great reason to attend Court. Check out <http://www.midrealm.org/op/recommend/> today.

§§§

Pregnancy watch: 3!

§§§



CiOBITS



The first Tuesday of every month at Fighter Practice is also Garb Night. Everyone is encouraged to wear their garb while they are socializing.



Costumer's Group will meet Thursday, January 7, from 7 – 9 pm at the Panera Bread at Willow Lake West (2902 W 86th St # 220, Indianapolis: on 86th Street just east of Michigan Road. This is in the strip mall with Trader Joe's grocery store.) The topic will be knitting, as well as other related period handicrafts.



The Cooks' Group and Ars Rustica Group will meet Sunday, January 17, from 4 – 6 pm at Abot Meister Johann von Metten's house (3901 Marrison Place, Indianapolis). The topic is garden and hatchery catalogues for the upcoming year.



Dance Practice will meet this month on Monday, January 4, and Monday, January 18, from 6:30 – 9 pm at St. Timothy's Episcopal Church (2601 E. Thompson Road). Everyone is welcome to join. Planning was done on the 4th, and the topic for the 18th's meeting is a workshop by Lord Bjorn and Lady Ysabel on 'dancing your gender.'



Our Barony is looking for someone to fill the office of Herald, as Lord Tobias, our most recent Herald, has had to step down. If you are interested in learning about or being considered for this office, please make yourself known to the Seneschal or the Baron or Baroness before the upcoming Business Meeting.

Then take the same thin dark red for one side, namely the turnover of the leaf, or of the reverse, as it is shown here. Then take dark green and mix it thinner with pure spring water in the hand, or in whatever you wish, so that then it is really thinner, as it is shown here: §

Then paint in the green with a brush, as it is shown here.



Then take again dark red and temper it with gum water, not too strong and also not too thin, that is to say an ink, which is not too thin, so that it flows easily from the brush. With this you shade the light red, namely with the watery red, with little strokes, as it is shown here.

Then take dark green and temper it with pure water, but do not stir it with the finger, but let the fluid dissolve by itself, that it gets as thick as thin ink. With it you shade the green, namely with the watery dark green, the same way as the red, and as it is shown here.

Then take lead white, which shall be well ground, and with it heighten the light red with a brush on the shaded part of the leaf or the foliage, and so that the little strokes of white are smaller, as is shown here. Then make on the middle vein, which shall be a double line, with a brush and the lead white little dots, as it is shown here.

Then make dots into the green, also into the middle vein, and for that take well-ground lead yellow, temper it with gum, so that it flows easily from the brush. The lead yellow is not meant for the red, but for the green. It is better on green, it is the best. Then heighten the green foliage on the other side towards the green shading with lead yellow, in the same way as the red with the lead white, so here the green with the lead yellow, as it is shown here. §

In Service,
LADY CYNHEDDA DAMOS CLADEBOS

FROM THE KNIGHT'S MARSHAL



Greetings,

Another month has passed and a New Year has begun.

As usual there are skills to be honed and armor to be repaired. For those of us who are combatants, we must ever be aware of the coming of spring and the battles to be fought there. I for one will not let my sword rust into its scabbard; I shall draw it forth, and improve my skills, so that when the spring comes, and the time comes to earn glory, to protect hearth and home, I shall be prepared. I attend practice (held weekly) hoping that like-minded people will join me in the winter labors which lead to fair weather victories. (Admittedly, I will more than happily enjoy the company of any who come to play.)

Another reminder for all, there is an event coming up with no heavy fighting, and this provides opportunity for those of us who usually fight during events, to provide service. I am of course referring to Better War Through Archery.

Baronial Holiday Court is also this weekend January 9, 2010, the Heavy Championship is held during this court so if you are interested in being the Baronial Champion, be there.

In Service,

LORD ULFR IMASON

FROM THE RAPIER MARSHAL



Rapier is going strong! We have a handfull of people who show up every week and often are joined by some of the fighters from Rivenstar.

LORD BJORN ARNALDSSON

husbands pass or they tire of the world. Liesl, being the eldest and heir, was happy I could do what I wanted to do. She accepted it. Heinrich and the four older girls had already married. Landrada had taken vows at Gingenheim Abbey. Daughter number six, Bertrille, and the younger children all went to England to live with their mother's people and Tanta Megan.

Can you describe your average day?

Well, the day would start at three in the morning with the office of Lauds. That office lasts for about forty-five minutes, then I go back to bed and sleep until six. I get up again for prayer for the office of Prime, and then have breakfast and see to the chickens and other stock. We meet again for prayer for Terce at nine, then have class with the novices until Sext at noon. Then more class until Nones at three, and then overseeing the stock, supplying the kitchen, and slaughtering if necessary until Vespers at six. After Vespers we have supper, and recreation and private meditation. Most of our meals are eggs, cheese, and vegetables. We are allowed to eat flesh on Sunday, and maybe Tuesday or Thursday. Compline is at nine, then lights out. At midnight we rise again for Matins, then back to bed.

What's your favorite feast day or season?

My favorite feast? Well, Easter holds pride of place in the liturgical calendar. My personal favorite feast days are my own patron saint John the Evangelist, and Twelfth Night.

How do you celebrate Twelfth Night?

In the monastery we celebrate it with great solemnity – special readings and psalms, and I sometimes miss the revelry my family used to celebrate with the Imperial Court. It brings welcome relief in the monastery, for we have many visitors for the feast.

Any last words of wisdom?

Be prepared for any change in the Dance the King of Heaven leads.

You, too, can arrange for your persona to speak live to the press! All levels of depth, from the anachronistic to the thoroughly-researched, are welcome. Also, it's fun! Send word to Lady Odile if you would like to be featured in an interview.



meet the Monk

AN INTERVIEW WITH
JOHANN VON METTEN

Where do you live?

I live in the abbey Metten-am-Der-Danau, halfway between the two imperial cities of Regensburg and Passau.

What do you do there?

I'm novice master and poulterer. As novice master I train new monks coming in. I instruct them in the Rule of Benedict, how to live in the community, how to read and write. As poulterer I procure and raise chickens for the monastery from the town and our farm.

What are the main principles of the Rule of Benedict?

Poverty, Chastity, Obedience, and Stability of Life. In other words, we don't go wandering around the place.

How long have you been a monk?

I entered the monastery in my fiftieth year, the year after Charlemagne was crowned Emperor. That would have been the year 801.

What made you become a monk so late in life?

My wife died giving birth to our last two children, Audelinden and Neptunalis. After Maria's death I was kind of at sixes and sevens.

What did your children think of you taking Orders?

It's fairly common for widowed members of my family to enter monasteries. My sisters, Gratia and Valtrudis, have already done so, and I'm sure some of my daughters and granddaughters will do so as their



FROM THE ARTS AND SCIENCES MINISTER



Benedicte,

The year past has been a good, busy and prolific one for the artisans and craftspersons of this Barony!

We have had the revitalization of the Cooks Group after a hiatus of almost a year+! A re-focusing and re-energizing after some RL (real life) issues. We have discussed the idea of regulating ourselves into a more formal Guild, but have so far made no decisions in that regard. We have charted and published a calendar of topics for the year.

Ars Rustica, the farmers/gardeners' group has taken off with not quite a dozen members! Ranging from THREE backyard flocks of chickens and geese, we have two herds of sheep, several apiaries and several large gardens! Right now they all look beautiful! (in dreams and catalogues!! LOL!)

The costume group is meeting on a regular basis, though I don't have anything to report from them in regards to subjects covered or group size...need to work on that?

THL Zenon the Nebulous has been leading and teaching a regular but small class on silversmithing and lapidary at Victory United Methodist Church on the near SE side of Indy, He seems pleased with the progress, though the site could host more than the small group that shows..

Armorer's Workshops are being held once a month and led by Lord Robert' de Tyre, again I do not have a report to group size or projects...not sure if I need one?? Probably...

As to Sternfeld's traditional ongoing Animal Husbandry project, I can say that we currently have at least 3 incubations underway at present!! Hopefully all will go well with appropriate hatchings!!

In Service to Society and the Arts,

ABOT JOHANN VON METTEN, OL

FROM THE CHRONICLER



Greetings and best wishes from your Chronicler!

2009 was a busy year for our Barony. A quick skim through the pages of the 2009 *Stars* reveals three Kingdom-level events successfully completed (plus our local events and a number of serious demos!), new officers, scores of monthly special-interest meetings, articles on A&S techniques and how to welcome newcomers, and news of local members being recognized by the Crown with everything from Awards of Arms to Peerages.

Across the Kingdom, 2009 has seen the glorious reigns of King Ullr and Queen Annelyse, of King EikBrandr and his Queen Runa, and the current reign of mighty King Dag and gracious Queen AnneMarie. 2009 was the year of Pennsic XXXVIII, renowned for the alliance that arose between the East and the Middle, long sworn enemies.

Like every other year, 2009 provided Sternfeld with several new babies, a tradition that does not look as if it will be dwindling in the coming year!

The Office of the Chronicler would like to thank you for being a part of this history, and for everything you do to increase the renown and honor of Sternfeld in the far reaches of the world.

As for myself, the changing of the year has brought with it a Domesday report, which is even now making its way to the eyes and ears of our Kingdom Chronicler. I look forward to filling the pages of the *Star* in the months ahead with even more stories of valor, excitement, learning, and history. As always, your contributions are welcome, whether they be in the form of articles ready for publication or brainstorming sessions to plan new creative ways of disseminating information across the populace of the Barony. I am interested in all manner of innovative content, so please don't feel shy in speaking up!

I look forward to seeing what fascinating history we shall write in the upcoming year.

Yours in service,
LADY ODILE DE BRIENNE

topping it all off with sweeping the floors when everyone else has left. When do THEY have time to play? Or just sit and visit?

We have many more than 50 people in our Barony. We are the Hosts for the events we put on in the Barony. We SHOULD NOT be lacking in volunteers to help at events.

At any event, it is very very true that MANY HANDS MAKE LIGHT WORK. Volunteering for 1-2 hours during the day can let someone else have those 1-2 hours to play. I would challenge everyone in the Barony to volunteer at each and every one of the events they are planning on attending this year.

In Service,
LADY TALIA





WHAT DOES IT MEAN TO HOST AN EVENT?

Sometimes I think that people in the Barony forget that the events we Host are not just to be played, but worked.

Why Host an event, anyway?

Answer:

To raise money. To show our guests a good time. To give fighters/archers and rapier people the opportunity to practice their skills, become authorized and have a good time doing it. To give the A&S people a place to show off their achievements and compete with one another. To enjoy a scrumptious feast and time for fellowship and fun.

What does it take to Host an event?

Answer:

- 1) PEOPLE! It takes someone/s to volunteer (the Autocrat) to find a location, plan the different competitions, the feast, the Pale Event postings, invite the Royal Guests and find volunteers to help put the whole thing on.
- 2) It takes at least 9-12 volunteers to cook feast, serve feast, and clean up after feast.
- 3) It takes at least 8-16 people to run troll, depending on the size of the event.
- 4) Depending on the individual fighting skill being run, it can take 1-4 people to help set it up and take it down afterward. Another 1-3 people, or more, to help with authorizations and inspections.
- 5) It can take 1-5 people to set up any A&S competitions/classes, judge them and/or teach them.
- 6) It takes 1-4 people, or more, to run Herald's Point.
- 6) And, it can take from 4-8 people to clean up the site, reload the trailer and be general security during the event.

Now, adding up those positions, it should be a MINIMUM of 50 people to put on an event, if everyone did just ONE shift of troll, ONE shift of security, ONE job. But, how many times does one of the Barony's events get done by just a handful of people? There might be only 10-20 people willing to volunteer and they end up fulfilling many more than 1 position. Someone will help set up the night before, Troll in the AM, followed by helping serve lunch, followed by being a volunteer herald, followed by serving at feast, followed by helping in the kitchen with cleanup, and



FROM THE EXCHEQUER



Greetings from the Office of the Chancellor of the Exchequer...

Yes, it's a long and fancy name - but you may be wondering, just what is an Exchequer and what does he Chancel? The exchequer is the tracker of the finances and the holder of the checkbook. If the Barony needs new loaner armor, or haybales for Simple Day; if a feastocrat needs to purchase the goodies for yet another sumptuous repast, if the Star needs to be printed - the cry goes out. "Oye Exchequer!"

This month, while everyone is celebrating new beginnings, this office is all about last year. I'm working on the Domesday report and getting the last of the year-end business cleared up. I am hoping next month to have a full report of where we stand financially and how we did last year.

As a reminder, this Saturday the 9th is the Baronial Althing, held as part of Holiday Court. Among other things, we will be discussing next year's budget. Officers and others who use Baronial funds, keep in mind what you might be needing for the coming year and bring needs, wishes, and dreams to the Althing.

Until next month,

LADY AUSTORGA DE CLERMONT

Chancellor of the Exchequer



FROM THE PROPERTY MASTER

Greetings to the Populous!

I hope everyone had a wonderful holiday! With the new year and events arising, I would like to send out this reminder.

Anyone autocrating an event should be contacting me at least 10 days in advance with a list of items that will be needed out of storage. On the Wednesday prior, the autocrat, feastocrat and any other -crat that is running a part of the event, should meet with me at storage to load the trailer with the items needed. There should also be the person that will be hauling the trailer to/from the event there, so that I may pass the keys to that person.

In returning the items to storage, those self-same people should be prepared to come to storage at an arranged time to unload the trailer and place the items back into storage.

With every-ones cooperation, the property can be quickly loaded and unloaded no matter what the event.

In service,
LADY TALIA

FROM THE MINISTER OF YOUTH



I'm getting some fun archery themed games and supplies together for Better War Through Archery, Jan 30. Hoping that we have a good turnout like last year! As always, if anyone has supplies to donate or ideas, etc., please bring them to Holiday Court, BWTA or contact me at dstnespnr3@aol.com.

In service,
LADY emme FOSTER OF WHICKAM
Tribuo quod vos mos suscipio - "Give and you will receive"

THE ROLE OF A CHAMPION

With the positions of Baronial Armored Combat Champion and Rapier Champion up for contest at Holiday Court, and the position of Archery Champion up for contest at Better War Through Archery a few weeks later, I thought it a good time to pause and reflect on what it really means to be a Champion.

Article VI of the Baronial By-Laws describes the duties of a Champion as "(a) To represent the honor of the Barony in their respective fields of endeavor, (b) To issue and answer all challenges in the name of the Barony, (c) To provide escort to the Coronet during Courts, (d) To give wise counsel and advice to the Coronet according to their knowledge and abilities, and (e) Should the Coronet be unable to continue, to help hold the Barony until the Coronet is duly succeeded."

Clearly, this is no mere honorarium! The Champion, in addition to being skilled in their area of expertise (rapier, arts and sciences, armored combat, or archery) must be willing to offer their advice to the Baron and Baroness, and even to defend the Barony themselves, should something happen to the Baron and Baroness. Baroness Moira adds, "Let us know your event attendance so that we can make challenges from our Barony and brag about you. [...] We want active champions who want to be there!"

So what kind of activities do the Champions get into? Most of us have seen them escorting Their Excellencies into and out of Court, and standing guard behind Them while the Court is in progress. Lord Ulfr, the current Armored Combat Champion, recalls fighting in the Baronial Champions' Tournament at Pennsic and in the Baronesses' Tournament at Grand Pageant, allowing Baroness Moira bragging rights whenever he won a fight. At Pennsic, the Sternfeld Champions were once loaned out to Their Majesties of the Middle as honor guards during diplomatic missions of goodwill to neighboring Kingdoms. Being a Champion means gaining a very different understanding of Court procedures.

Bearing all this in mind, the challenge to become Champion should never be undertaken lightly. Once gained, however, it is both a rare privilege and a honorable duty, and one which is highly worthy of being sought.

LADY ODILE DE BRIENNE



To The Populace of the Barony of Sternfeld does the Cooking Guild
Announce a Grand

COOKING COMPETITION:

At Yule (1/9/10) this year the Cooking Guild of Sternfeld in Service to our Middles will be holding a Grand Cooking Competition, in an effort to promote the Art of Cooking within the Barony. The winner will have the bragging rights to the title “Baronial Cooking Champion” for one year, and prizes will be awarded for 2nd and 3rd place (Please note that we are hoping to make this a yearly event to promote cooking within the Barony and this **is not the Baronial A&S Champion position**. Please see the simple guidelines below for the Competition:

- 1.) Single Dish – any type (meat, vegetable, or desert)
- 2.) Must include a list of Ingredients Used (If possible please no Juniper as His Excellency has an Allergy).
- 3.) Must include how the dish was made.
- 4.) Minimum Documentation (Single page OK)
 - a. Can include substations with reason provided (such as “because of cost I used ...”, or “if I were making this in period I would have used”)
 - b. Extra points could be awarded if also included information on how the dish was cooked in period
- 5.) Must be able to Document Recipe from 600~1600 A.D.
- 6.) Proposed Judges (Their Excellencies (one or both), and others to be named.
- 7.) After judging the dishes will be used as part of the Baronial Yule meal.

At the December meeting of the Baronial Cooking Guild we will have books available for any who wish to do a little research or look up possible recipes. Please remember cooking is fun and this is a forum for new cooks and experienced cooks to showcase their craft.

In Service to the Barony of Sternfeld,

LADY CYNHEDDA DAMOS CLADEBOS



FROM DANCE PRACTICE

Greetings,

Sternfeld's dancers met at St. Timothy's Monday evening to discuss the new year and make plans for dance activities at Holiday Court. The set lists for January 9th:

- Set 1--Hole in the Wall, Black Alman, Rostiboli Gioioso, and Jenny Pluck Pears
- Set 2--Korabushka, Hearts Ease, Rufty Tufty, Pease Bransle, Petit Vriens

If the feet are still willing, longer sets with dancer requests are very possible.

On January 18th, Bjorn and myself will teach a workshop. The subject is "dancing your gender," and we'll dance a number of dances for couples in order to practice our newfound skills of flirtation and grace. We'd love to arrange for additional workshops on dance theory or technique, and hope that the populace will let us know if there is a topic or a dance they're interested in exploring. You can tell us at dance practice, or email myself, Bjorn Arnaldsson, Brigide von Metten, or Colette the Seamstress with requests.

It was also decided that we will inject a bit of variety into dance practices by teaching dances that revolve around a theme, in addition to the usual warm-ups and requests:

- 2/1 Old Mole, Hole in the Wall (newly dubbed "The Groundhog Pavane"), Return of Spring
- 2/15 The Friar and the Nun, Amoroso, Love in a Bottle, All in a Garden Green, Roses White and Roses Red, Gelosia
- 3/1 Familia Waltz
- 3/15 Scotch Morris, Trenchmore, Half Hanigan, Mari's Wedding, Haymakers Jig, various reels
- 4/5 and 4/19, 5/3 and 5/17, 6/7 and 6/21 -open for requests-
- 7/5 Scottish and English Country dances (the dances beloved by many founding fathers)
- 7/19 Middle Eastern Dance. In lieu of a European dance practice, we invite interested parties of all skill levels to a Hafla.
- No Dance in August--see you in the Dance Tent at Pennsic!
- 9/20 -open for requests-

- 10/4 Glory of the West, New Exchange, Jamaica
- 10/18 Spooky Dances
- 11/8 War Bransle, Buffens, Horse Bransle, various jousting dances
- 11/22 Clog Bransle, Epping Forest, Oranges and Lemons, Woodycock, Peppers Black
- 12/6 Candlestick Bransle and Horas, Chesnut (Garb Night and Holiday party)
- 12/20 Tentative, pending holiday scheduling issues.

We look forward to seeing you at upcoming dance practices, which occur 6:30-9pm on the 1st and 3rd Monday of each month at St. Timothy's Episcopal Church, 2601 E. Thompson Road.

Yours in service,

LADY ISABEL DE LA ZARZA



HOLIDAY COURT!

This winter's Baronial Holiday Court is scheduled to be held on January 9, 2010, at the Tipton County 4-H Fairgrounds (**1200 S. Main Street, Tipton, IN** – the same site as Grand Pageant). Lord Morvran Bettws ab Thomas of Cardiff is autocrating.

Currently the schedule is roughly laid out with the morning (9:00 – 12:00) being set aside for a Baronial Althing to set the 2010 budget and deal with other business, with the afternoon and evening (12:00 – 9:00 or 10:00) filled with an assortment of festivities and revelry.

Planned activities for the day (post-Althing) include rattan and rapier combat and championships, round-table discussions on the Peerages, dancing, displays of households active in the Barony, an A&S championship, a bardic circle, and A&S workshops on lucet, drop spinning, narrow weaving (inkle and tablet), farming, food and drink, garb 101, hand sewing, needlework & beading, herbs & essential oils. Both a Baroness' High Tea and a Newcomer's Tea are also being held this year, with beverages (hot and iced tea, as well as lemonade) provided by the Barony.

As is customary, dinner will be a pitch-in, with the Barony providing beef, chicken, and scalloped potatoes. Everyone is encouraged to bring a covered dish for dinner, dessert, and/or finger foods for the afternoon tea.

As always, your help makes our events run. Morvran can use help with set-up, tear-down, teaching the A&S workshops, marshaling, dancing, heraldic consultations, children's activities, leading dancing, and really, any area of the event. If you would like to volunteer to fill a slot or organize an activity, please let him know as soon as possible!

As a note— Holiday Court is a Baronial-level event, meaning that it is a local event meant as a gathering for our Barony and a chance to enjoy each other in a somewhat more relaxed setting than an ordinary event. It isn't publicized on the Kingdom Calendar, and there's no charge for admission, unlike a regular event. It is customary to come in garb, and Their Excellencies will probably hold a Baronial Court, but it is on a smaller scale than a Kingdom-level event. We would love to see all of you there.