

# THE STERNFELD STAR

## BARONY OF STERNFELD

### MARCH 2010, A.S. XLV

THE STERNFELD STAR  
LISS CAPELLO, CHRONICLER  
(ODILE DE BRIENNE)  
1208 HOOVER LANE  
INDIANAPOLIS, IN 46260-2830



In this issue:  
Officer Reports!  
Sternfeld Clock Monthly Update  
Middle Kingdom Awards - Overview  
Next Business Meeting: Thursday, March 18, 2010  
St. Timothy's Episcopal Church  
Everyone welcome—No experience necessary!

# CALENDAR

--Local and selected events only--

Consult **The Pale** or [www.midrealm.org](http://www.midrealm.org) for complete event listings.

## March 2010

### 2, 9, 16, 23, 30 Fighter Practice, Krannert Family Center

- 5-6 Golden Seamstress {Barony of Roaring Waste} [Dearborn, MI]  
6 Ceildh XXII {Barony of Flaming Gryphon} [Dayton, OH]  
Inkin' in Lincoln II {Shire of Rokkehealden} [Gilberts, IL]  
13 Feast of St. Patrick {Shire of Afonlyn} [Muncie, IN]  
It's All Fun and Games {Canton of Rimsholt} [Wyoming, MI]  
14-21 Gulf Wars XIX {Kingdoms of Meridies and Gleann Abhann} [Lumberton, MS]  
18 **Business Meeting, St. Timothy's Episcopal Church, 6:45-9pm**  
20 Terpsichore at the Tower XVI {Barony of Cynnabar} [Saline, MI]  
26-28 Winged Hills Collegium {Winged Hills} [Dayton, OH]  
27 Rogue's Return {Shire of Swordcliff} [Virginia, IL]

## April 2010

### 6, 13, 20, 27 Fighter Practice, Krannert Family Center

- 10 Grand Tournament of the Unicorn XVIII {Marche of Unicorn} [Oxford, OH]  
Norse Life and Culture Seminar {Canton of Three Hills} [Kalamazoo, MI]  
Rites of Spring – Travels in the Known World {Canton of Athelington} [Princeton, IL]  
Spring Training {Shire of Rivenvale} [Lowellville, OH]  
15 **Business Meeting, St. Timothy's Episcopal Church, 6:45-9pm**  
17 A Day at the Castle {Incipient Canton of Northgate} [Stanwood, MI]  
Feast of Three Saints and a Honeybee with Constellation Regional A&S {Barony of Rivenstar} [West Lafayette, IN]  
Mugmort Melecs V: Attack of the Barbary Corsairs {Shire of Mugmort} [Circleville, OH]  
22-25 Blackstone Raid XIX {Barony of Blackstone Mountain} [Ripley, WV]  
24 Awakening – Armored Egg Hunt {Shire of Baile na Scolairi} [Bloomington, IN]  
Ides and Arrow {Incipient Canton of Iron Oak} [New Lothrop, MI]

## May 2010

### 4, 11, 18, 25 Fighter Practice, Krannert Family Center

- 1-2 Spring Coronation {Barony of the Flame} [Crestwood, KY]  
7-9 Baron Wars XIII {Marche of the Marshes} [Perrysburg, OH]  
8 Collegium Artium Vulgarum {Barony of Donnershafen} [Gaylord, MI]  
14-16 Chaos Caravan {Shire of Greyhope} [Michigan City, IN]  
Mayfaire XIII {Shire of Cuil Choluim} [North Vernon, IN]  
Tower by the Lake II {Shire of Dernehealde} [Albany, OH]  
15 Saltatoris' Swingin' Soiree {Canton of Ealdnorwuda} [Dimondale, MI]  
This Land Is Our Land {Shire of Shadowed Stars} [Fort Wayne, IN]  
20 **Business Meeting, St. Timothy's Episcopal Church, 6:45-9pm**  
21-23 Constellation Academy of Defense {Shire of Mynydd Seren} [Spencer, IN]  
Death and Taxes {Canton of DunTraigh} [Holland, MI]  
22 Squire's Tourney {Canton of Ealdnorwuda} [Lansing, MI]  
29-30 Middle Kingdom Crown Tournament / Kingdom A & S Faire {Barony of Fenix} [Fort Mitchell, KY]

# WHERE TO FIND US

- ❖ FIGHTER PRACTICE - Every Tuesday, 6:30-9 pm. **Krannert Family Center, 605 S. High School Road.** Contact Seneschal Lady Katrina (Katrina Pogue), [katrinasternfeld@gmail.com](mailto:katrinasternfeld@gmail.com).
- ❖ BUSINESS MEETING - Third Thursdays, 6:45-9 pm. **St. Timothy's Episcopal Church, 2601 E. Thompson Road.** Contact Seneschal Lady Katrina (Katrina Pogue), [katrinasternfeld@gmail.com](mailto:katrinasternfeld@gmail.com).
- ❖ DEAD LANGUAGES CLUB - Second Wednesdays, 7-9 pm. Master John and Mistress Leanore's house, 1626 Marlborough Lane. Contact Master John & Mistress Leanore (John & Ellie Wright), 317-872-7216, [elliepel@aol.com](mailto:elliepel@aol.com).
- ❖ OPEN HOUSE/READING NIGHTS - Every Wednesday, 7-9 pm. Master John and Mistress Leanore's house, 1626 Marlborough Lane. Contact Master John and Mistress Leanore (John and Ellie Wright), 317-872-7216, [elliepel@aol.com](mailto:elliepel@aol.com).
- ❖ DANCE PRACTICE – First and third Mondays, 6:30-9 pm. **St. Timothy's Episcopal Church, 2601 E. Thompson Road.** Contact Lady Brigide Rose von Metten, [wulfarose@yahoo.com](mailto:wulfarose@yahoo.com).
- ❖ COOKS' GROUP - First and third Sundays, 4-6 pm. Abot Johann's house, 3901 Marrison Place. Contact Abot Johann (Marcus Loidolt), [mjloidolt@yahoo.com](mailto:mjloidolt@yahoo.com).
- ❖ ARTS & SCIENCE NIGHT - Last Thursday evenings, at **Victory Memorial United Methodist Church, 1932 Woodlawn Avenue.** Contact Abot Johann (Marcus Loidolt), [mjloidolt@yahoo.com](mailto:mjloidolt@yahoo.com).
- ❖ ARCHERY PRACTICE – Every Wednesday, 6:30-9 pm. **7800 Records St. Suite B.** Contact Lord Bran (Kelly Burgess), [kburgess1@comcast.net](mailto:kburgess1@comcast.net).
- ❖ MONTHLY BARDIC CIRCLES AND RANDOM POST-REVELS - scheduled sporadically but enthusiastically. Contact Lady Floriana (Daisy Roberts Blair), 317-280-1930, or Lady Lucia (Kathi Coutinho), 317-293-0983.
- ❖ GILDED COSTUMERS - First Thursdays (& occasional weekends), 7-9 pm. Various locations. Contact THL Odette (Paula Ryan), 317-996-4630, [odettedamboise@gmail.com](mailto:odettedamboise@gmail.com).

Barony of Sternfeld: [www.midrealm.org/sternfeld](http://www.midrealm.org/sternfeld)

Middle Kingdom: [www.midrealm.org](http://www.midrealm.org)

Society for Creative Anachronism: [www.sca.org](http://www.sca.org)

Sternfeld Yahoo Group: <http://groups.yahoo.com/group/sternfeld/>

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## FROM THE SIGNET

Greetings from the Signet,

I hope those interested in Illumination are finding this series helpful, in the end you could have your own working Illuminators Model Book that you can add to as you take classes and just run into things you like and can add to your book for future reference. You might also want to consider adding types of Calligraphy to your model book, this is sometimes referred to as a Hand. Starting next month I am also going to add one term and definition relating to Calligraphy and Illumination.



<http://www.gutenbergdigital.de/gudi/eframes/index.htm>

### How you shall temper all colors and grind them

Blue you shall not grind, unless it is rather coarse. If it is coarse, grind it on a grindstone, which should be really smooth, or on a glass pane or a slab of marble. Then take the blue and lay it into pure lye, overnight or an hour or two, and grind it then on a stone without the lye with egg yolk. Then rinse it really well with lye or with white wine or with pure water, and let it then dry on a paper or in some dry dish. When you have rinsed it clean and fine and dried it, then take pure gum arabic water and temper it therewith, that it may flow easily from the pen. The gum water should be pure. so that it is neither too thick nor too thin and neither too strong nor too weak. so that it should be right and also not too light. The blue should be tempered, so that it flows easily from the pen and from the brush; and if it does not want to flow, take a little sugar-candy, that makes it flow easily from the brush.

Aurum musicum, you shall not grind it hard, you shall grind it with pure well water, and then you shall temper it with pure gum, like the blue, without the sugar. But you shall rinse it with pure well water and then

temper it, as it is written above, not too strong and also not too weak. § / Nota. Dark brown or dark red

The dark brown or dark red make thus: Take half an ounce of brazilwood, grated or beaten, and put it into a stone jar. that the brazilwood fills half the jar; and then take strong lye and warm it, that it is lukewarm, and pour the lye over the brazilwood, the width of a finger, and stir it well; and take right away one-eighth ounce of ground chalk and stir it in and grate right away a quarter ounce of burnt alum; stir that in as well and look and see whether it will dissolve right away, as though it would foam; and let it stand three or four or five days. If you let it stand longer, it will get browner; and then pour it onto hard chalk through a cloth || and let it dry. || Then rub it with pure thin gum, not too strong and also not too weak, in the same way as the blue, without sugar-candy.

The light rose you shall make thus: Take the brazilwood, which you have dried out and which stayed in the cloth. Put it back in the jar and pour lye, which is not too hot, over it, as before; and then take four or five ounces of ground chalk and mix it in, but no alum. Mix this well and let it stand a night or two, and pour it out like the dark red, and then grind it, when it has dried well, in the same way as the dark red.

The lead white and the lead yellow, these two you shall grind well with pure gum arabic water, and you shall also temper it therewith, that it be not too strong and also not too weak, and of such thickness, that it flows from the brush; and you shall always stir it with a clean finger, when you want to use it.

Mountain green or slate green, you shall macerate it overnight in brandy or in vinegar or else in a good strong white wine || that the wine be in the same amount as the green, not more; and then rub it on a grindstone real well, and put in a little lead yellow. The more you add to it, the more yellow or leaf color you will get; and if you want to get bast green, add a little dark green to it or take the juice of rue. Also you may stir in a little white tartar and when it is well ground, then temper it with wine or vinegar and a little gum water, not too strong; and let it stand, that it gets quite dry. and wet it again with wine and then use it.

The sap green you shall not grind, not on a stone nor on a glass pane, nor with a finger. Pour a little pure water over it, and let the sap green dissolve gently, and when it gets as thick as an ink, with which it is easy to write, then the sap green is right. You shall put it on with a brush. / red lead. The red lead you shall grind well with egg white or with gum water, and temper

Costumer’s Group will meet Thursday, March 4, from 7 – 9 pm at the Panera Bread at Willow Lake West (2902 W 86th St # 220, Indianapolis: on 86<sup>th</sup> Street just east of Michigan Road. This is in the strip mall with Trader Joe’s grocery store.) The topic will be late-period Persian clothing, led by Lady Joanne.



The Cooks’ Group and Ars Rustica Group will be meeting twice this month from 4 – 6 pm at Abot Meister Johann von Metten’s house (3901 Marrison Place, Indianapolis). The topic on Sunday, March 7 will be Pascal foods, while the topic on Sunday, March 21 will be early-sown crops: peas, lettuces, etc.



Dance Practice will meet twice this month from 6:30 – 9 pm at St. Timothy’s Episcopal Church (2601 E. Thompson Road). Everyone is welcome to join. The dances planned for Monday, March 1<sup>st</sup> include the Familia Waltz, while Monday, March 15 will feature Scotch Morris, Trenchmore, Half Hanigan, Mari’s Wedding, Haymakers Jig, and various reels.



The date of the 2010 Constellation Regional A&S Faire has finally been set for April 17. Now is the time to be planning you’re A&S entry! Master Llew has been spreading the word that he will personally ensure your entry gets to the judging, if you are unable to take it yourself.



Have you nominated anyone for a Kingdom award lately? If you know someone whom you think is worthy of an award, nominate them! Our King and Queen depend on Their populace to submit nominations to assist Them in bestowing awards where they are deserved. It’s easy to do, and gives you another great reason to attend Court. Check out <http://www.midrealm.org/op/recommend/> today.



Pregnancy watch: 3!



several years later the next-highest award, then in a few more years, the highest award), it should be noted that this is not required. The criteria for each award are outlined in Kingdom law, and the Crown is authorized to bestow them at will upon any whom They deem to have deserved them.

In April, we will discuss those awards that pertain to rapier combat: the Cavendish Knot, and the Bronze Ring.



## TIDBITS



As a reminder, weekly fighter practice is generally not cancelled for inclement weather unless Krannert itself closes. However, even if practice is ongoing, you are under no obligation to attend! If weather/work/real life/anything else makes it inconvenient, just come another week. No one will mind.



Lady Austorga has expressed her intention to step down as Baronial Exchequer. This is one of the essential Great Offices of the Barony, so it is important that we find her a replacement as soon as possible. If you think this is an office you might be interested in holding, please speak to Lady Katrina or Baroness Moira about it!



Master Llew has submitted a bid for Grand Pageant and/or Midrealm Fall Crown Tournament, proposed for the 30<sup>th</sup> of October. Further updates as they become available!



We are seeking bids for our Baronial Birthday event, typically held in early May. If you are interested, please contact Lady Katrina or Baroness Moira, or bring a bid submission to March's Business Meeting.



The first Tuesday of every month at Fighter Practice is also Garb Night. Everyone is encouraged to wear their garb while they are socializing.



it then with pure water but so that it does not get too weak. The red lead tends to get thick after grinding. Let it dry and temper it until it dissolves, and the thicker the better; and then put it on with a brush. / Black

The smoke black is the best for illuminating. You shall soak it for fourteen days and every day pour off the water and pour pure well water over it; and you shall grind it well with gum water and temper it therewith, not too strong, that it flows well from the pen, to outline the gold with it.

The purple color, make it thus: Take good powdery blue, which is real fine, and add to it dark rose or litmus and lead white. Temper this together and it will turn purple. If you want to have it light, take more lead white. If you want to have it dark, take more of the red. If you want to have it bluer, take more of the blue; and then temper it like the rose with gum water. || How one shall shade all colors and with what || and shall heighten them and with what.

The blue, the aurum musicum, the red, which is light, green, minium and purple, all these colors one shall shade and also temper in the same way as it is described previously for the foliage and is depicted.

Lead white and lead yellow, shade with it the dark rose or the dark green or use a thin black, and heighten the lead white with the lead yellow. These are the dead colors, with which one shades and heightens.

In Service,  
**LADY  
WALTRUDIS  
VON  
METTEN**



FROM THE KNIGHT'S MARSHAL



Greetings all,

In many ways this past month has been an uneventful time on the practice field. I have to say this is good.

The ways that I mean- there were no significant injuries. Hooray!! To me this indicates that the armor which people are using has been kept up to snuff or improved, and the rules of the lists are being followed. Having just turned in my quarterly report, it makes me thankful that I don't have people who are getting injuries and making me do more paperwork. Well done!

For me the temptation to allow my armor to deteriorate is great. I admit it, I tend to be a slacker about its maintenance. With practices picking up and more enthusiasm being shown the risk can increase if our armor is held together with stopgap measures. (Usually some variation on a modern adhesive item which we have all used in our time) I encourage everyone who fights to take a look at their kit in the next week or two and to find the blown rivet or worn out strap, and repair it. Often enough that 5-10 minutes to replace a rivet or worn out padding can save a longer amount of time in pain.

Have fun, be safe, continue to save me paperwork!

In Service,  
LORD ULFR IMASON

FROM THE RAPIER MARSHAL



Despite the weather we've continued to have a good turnout for rapier practice each week. The last couple of Throwdowns have been fairly well attended and we've had a couple of new people show interest. For my quarterly report I needed some new info from everyone. If you have fought rapier in the past year and didn't talk to me about the new report then I need to hear from you sometime soon.

LORD BJORN ARNALDSSON

The water clock re-design is going well. I have already purchased some parts and will be installing them shortly.

One thing I am still looking for, but currently cannot find, is a funnel made of period material(s). It needs to be at least 3 inches high (but less than 6”), not counting the spout. If you have seen any funnel like this, please let me know where I can purchase it.

In service to the Barony of Sternfeld,  
MISTRESS AUDREY ADELICIA  
Horologer/Clockmaker

MIDDLE KINGDOM AWARDS - OVERVIEW

So, perhaps you've noticed my regular plea to send in nominations for Kingdom awards. “But, Odile!” you cry. “I don't know what awards there are! Or what they're for!” Never fear, oh hopeful reader. Over the course of the next few months, I will elaborate to you most of the Kingdom-level awards, and explain what they are given for.

The first thing to understand about Kingdom awards is that they are bestowed upon a person (or sometimes a group of people) by the King and Queen. When you write a nomination in, you are serving as Their eyes and ears by letting Them know of the good works and service being done by Their populace that They might otherwise (as They can regrettably not be everywhere at once!) never learn of. The Crown makes the decisions of which awards to bestow at Their discretion, so nominating someone for something is no guarantee. But not nominating at all means one fewer chance for those good works to be recognized.

Awards confer different ranks, or precedence, upon the people who receive them. For example, we all know that a Prince is higher in precedence than a Lord. But not everyone knows that a member of the Greenwood Company is higher in rank than a recipient of the Silver Oak. Heralds keep detailed lists in order to ensure that they always know the exact rank of the persons in their region. In many areas of interest, there are several awards which can be given, usually at varying levels of precedence. While often these are given in order (ie: a scribe might receive the lowest-ranked A&S award first, then



## STERNFELD CLOCK MONTHLY PROGRESS REPORT

Greetings to the good Gentles of the Barony of Sternfeld, Pursuant to the commission I have received from their Excellencies, Torquil and Moria, Baron and Baroness of Sternfeld on behalf of the populous of Sternfeld, I am submitting this progress report for February.

Winter months were traditionally slow production months for the medieval craftsmen. The light was usually dim and the days were short. Often, they had to deal with weather conditions that stalled their work. I too have been stalled by the weather and did not get as much done as I would have liked.

I have spent the bulk of this month researching and designing bell systems. I am torn between having a hammer strike a bell, and having small balls crash into a metal bowl. Both are period methods. Both have plus and minus issues. The hammer shows up in the pictures of the day, while the balls show up in the writings of the day. I can't tell which was more popular. For the large tower clocks the hammer was used because it is the easier method for striking the larger bells of the tower. For the smaller size clock, like our group's clock, either method was used. Given my current design, I will not need to make a final decision until late in the construction because the gearing to trip the chime will be roughly the same in either method. The final choice will depend on the room remaining after the gears are finalized and where that room is located. I will not be able to finalize the gear size until I have the verge & foliot built.

I have tried to figure the math on the verge & foliot, but I am not getting a solid set of numbers because there are too many variables that I do not want to set. This is because I do not know what materials are available to me. As such, it will be best to build the verge and foliot and test it. Once I have that. I will be able to finalize the gears.

While I was building and testing things, I thought it would be a good idea to rework my water clock. This should not split my efforts as it looks on the surface, since the water clock is already built. Some of the things I have learned from it, I am able to apply to the mechanical clock and vice-versa. I will also trial the chiming systems in the water clock before using one in the mechanical clock.



## FROM THE ARTS AND SCIENCES MINISTER



Benedicte,

"SING and drive the cold winter away!" Sing the song of the cuckoo, sing the song of the thrush, too long have we lingered in cold and in slush, Oh sing for the Springtime fresh blush!"

Ars Rustica: seed catalogues have been previewed and order forms made...or at least dreamed about! I know that there are at least four hatchery orders going out for chicks! The sheep are all nicely rounded and making bags! The geese are singing their courtship songs...so SPRING must be coming!

Cooks Group is in the midst of Lenten Fasting and Vegan recipes. In period we cover a thousand years of history and many different cultures and religions. Many religions include some period of fasting and mortification as part of a cleansing ritual or season. Even in the Christian faith, disciplines and practices varied from place to place and rite to rite; do you know what your persona would have practiced?

The last Thursday of the month, His Honor, Lord Zenon the Nebulous has been teaching a silversmithing/ glass bead making class at Victory Memorial United Methodist Church, down by Fountain Square...a fun time and a witty instructor! Play with fire and melting metal and glass!!

The costumers group is still in stitches!! lol...Dame Megan and myself have been uncovering and discovering many old issues of 'The Complete Anachronist' and 'Seams like Old Times' as well as many other long forgotten tomes of SCA knowledge!

Armors workshops are still being planned?

On a special note, PLEASE plan on attending YOUR regional Arts and Sciences Faire, held this year on the 16th of April in the Barony of Rivenstar at their Three Saints event!

Please consider entering, I know we have many talented artisans! As fighters have tourneys to win honor and renown to their ladies( and lords!), so we too as artisans gather to share and accrue our knowledge and skills!

ABOT JOHANN VON METTEN

FROM THE CHRONICLER



Though the days seem to have grown no warmer, the snow is thawing, and it seems as if spring might, perhaps, be on its way.

The Office of the Chronicler has been occupied with a bit of preemptive spring cleaning! In going through the old files and records of the Office, I have sorted, purged, and organized the back issues of the *Star* which we have archived. There is quite a collection! I currently have copies going back as far as the year 2000, though it is by no means a complete set.

I would ask those members of the Barony who have old copies of the *Star* that they no longer wish to keep to consider donating these to the Baronial archive. When looked at en masse, the issues of this publication over the years provide a powerful snapshot of life and changes within the Barony over time. It would be wonderful to have as many issues as possible preserved for posterity. The list of issues currently in the archive is too long to publish here, but if you have copies which you are willing to donate to the archive, please contact me by email to determine which of them we are lacking.

Yours in service,  
LADY ODILE DE BRIENNE

FROM THE PROPERTY MASTER

I would like to let you all know that I have some things that were lost and found at different events over the past couple years. I would like to hold an auction at Simple Day this year to get rid of some of the 'stuff'. If anyone is holding onto anything from previous events, please get them to me ASAP. I would like to post a list to the list one more time for all the items, just in case there is an owner out there. Email me and we can set up a meet time and place.

In Service,  
LADY TALIA WYNTERSCALE

FROM THE MINISTER OF YOUTH



I'm sorry for not being able to attend fighter practice this past month. My health issues have been incessantly interrupting the time I'd like to spend with friends. I'm so waiting for the thaw!

I've sent information off to Sorcha for our upcoming Simple Day. I'd like to post this repeatedly for our Barony and others to see before the event so we can get more interest and participation from our attendees.

Information for Simple Day 2010.  
Children's Point will be open at 10am and close at 3pm.

Gold Coin and Ring Scavenger Hunt / Sternfeld Good Samaritans:  
We're also doing a Scavenger hunt version of the game started last year. Upholding the spirit of our young Scadians showing their best by being Good Samaritans; if you see a child who has especially been a good helper, please pass on the coin you received at Troll to that deserving child. Also collect rings from merchants locations, please take only one. Final count at 3pm. Acknowledgement and award at Court.

Waterfight at lunch break.  
Bring your water guns and toys. Sponges and water supplied.  
If fighters would like to join us to be a target for a needed cool down, please come by Children's Point. The Hold call is "Dragon". (Depending on weather)

Fun crafts and coloring planned throughout the day.

While Children's Point is available for our youngest Scadians, please remember that parents need to be present for ages under 4, within eye/earsight over age 4 and all children must be courteous and will be returned to parents if too disruptive or inconsiderate of our other friends at Children's Point.

I hope you have fun and make great memories for this year's Simple Day.

LADY EMME FOSTER OF WHICKAM