

The Sternfeld Star

BARONY OF STERNFELD

November/December 2014 A.S. XLIX

In this issue:

November/December Business Meeting Minutes and Officer
Reports!

Next Business Meeting: Thursday, January 15, 2015

Both at St. Timothy's Episcopal Church

Everyone welcome—No experience necessary!



From Their Excellencies Ulfr and Odile, Baron and Baroness of Sternfeld

(November Letter)

Unto the people of Sternfeld, Greetings!

Even as the first snows of winter encroach upon our autumn festivities, so do the distant calls to war and arms echo in the frosted valleys of our fair lands. Surely, when the snows have thawed, the King will call upon us to bolster His armies as He rides forth. Now is the time to make banners bright, to polish armor and sharpen swords and axes, as the winter passes in the blinking of an eye, and spring will be here sooner than we know it. We are of the mind to create colorful silk banners (an art taught so aptly by Leonardus at our most recent Althing!) to adorn the Baronial encampment at Pennsic and other locations, and would encourage those in our Barony to join us in choosing one project over the coming winter months to beautify our landscape, and add to the richness of our material display.

We would also like to announce the Baronial armored and rapier championship fights, which will be held at fighter practice at Krannert Park on Tuesday, December 16. It is our intention to invest our new Champions at Baronial Holiday Court in January, but we will hold the fights a few weeks earlier in the month, as we know many people travel or are otherwise unavailable around the winter holidays.

In speaking of Baronial Champions, a discussion was held at the Althing regarding the current custom of having armored and rapier Champions serve for terms of approximately 6 months, while archery and A&S Champions serve for a year. We discussed stretching the armored and rapier terms to 1 year, and conversely the idea of hosting a second archery and A&S competition in the course of a year, to make these positions more equivalent. We know this is an area in which people have strong opinions, and would greatly like to see more discussion on this topic, either in person or on the message boards, so that we can better gauge the general sentiment.

Finally, we will be finalizing the court lists for Baronial Holiday Court within the next week or two, and would be right glad to see any award recommendations that you might manage to write in within that window! Likewise, Their Royal Majesties are always very appreciative of Kingdom award recommendations for events that are upcoming in the new year.

Yours in service,
Odile, Baronne Úlfr, Baron

(December Letter)

Festive Yuletide greetings to one and all!

We are pleased to announce that Lord Mateo Lopez has successfully defended the Baronial Armored Championship, and will be remaining as our Armored Champion into the coming spring. On the rapier side, Lord Bjorn Arnaldsson has claimed the position of Baronial Rapier Champion with great style. We look forward to investing both of our new (or new-ish) champions at Holiday Court. We hope to see everyone there!

Yours in service,
Odile, Baronne Úlfr, Baron



From the Exchequer

(November Letter)

I do not yet have the Exchequer computer, checkbook, or the November bank statement. We have had some difficulty in aligning the SCA's requirements with the bank's. We are waiting for word from Kingdom on how to resolve this. In the meantime Elizabetta still has all the things necessary to reconcile the bank statement.

If anyone has any brilliant ideas on this dilemma I'm all ears.

Respectfully,
Saldis Domnalsdottir

(December Letter)

According to the November statement we have \$15,159.46, less outstanding checks of approximately \$500.

We were able to get the signatures on the account to reflect the new signers as per the last business meeting, so things should smooth out from this point.

Respectfully,

Saldis Domnalsdottir



From the Chronicler/Webminister

Buon Giorno,

The website for BWTA has been live for a while – preregistration via ACCEPS is also available – I encourage all to make use of this opportunity to help speed up the line and save some money as well.

The website for Simple Day will be up very soon!

My apologies for all on dropping the ball on several things recently. I completely managed to miss publishing the November Star on time – this joint November/December issue of the Star is the result. I've also had to go back through several pages on the website and change officers, meeting information, etc. – we've had a lot of changes recently.

As was mentioned at the December Business Meeting – we are looking for a site to hold archery practice in 2015. We no longer have a site and will need to find one before archery practice can resume after the holidays. If you've got ideas, please email the archery marshal (archery@sternfeld.org) and the seneschal as well (seneschal@sternfeld.org).

YIS,

Antonio Bellini

Calendar

--Local (**in bold text**) and selected events only—
--See locations for **local events** later in this publication--

January 2015

1 Costumer's Group

3 Pentamere 12th Night {Canton of Ealdnordwuda} [East Lansing, MI]

6 Fighter Practice

7 Reading Night

8 English Country Dance

10 Aethelmearc Twelfth Night {Shire of Abhainn Ciach Ghlais} [Bloomsburg, Pa]

Fighter Symposium {Carraig Ban and Foxvale} [Sugar Grove, IL]

Middle Marches 12th Night {Barony of Middle Marches} [Columbus, OH]

Regular Event in the Cleftlands: Roman Saturnalia {Barony of the Cleftlands} [Rocky River, OH]

13 Fighter Practice

14 Dead Languages Club

15 Business Meeting

17 Society Board of Directors meeting {SCA Inc.} [Milpitas, CA]

Tree-Girt-Sea Twelfth Night (aka Kingdom Twelfth Night) {Canton of Tree-Girt-Sea} [Chicago, IL]

17-18 Winter Revel {Canton of Three Walls} [Ionia, MI]

18 Cooks/Bards

20 Fighter Practice

21 Reading Night

24 Winter Wassail {Shire of Rivenvale} [Youngstown, OH]

24-25 Festival of Maidens {Shire of Wurmwald} [Urbana, IL]

27 Fighter Practice

28 Reading Night

February 2015

3 Fighter Practice

4 Reading Night

5 Costumer's Group

7 Better War Through Archery and Constellation Regional A&S Competition {Barony of Sternfeld} [Danville, IN]

Winged Hills Collegium {Winged Hills} [Dayton, OH]

10 Fighter Practice

11 Dead Languages Club

12 English Country Dance

14 Fimbulwinter II {Cuil Cholium} [Clifford, IN]

St. Valentine's Day Massacre {Canton of Three Hills} [Kalamazoo, MI]

15 Cooks/Bards

17 Fighter Practice

18 Reading Night

19 Business Meeting

21 A Monk's Life: Scribin' and Imbibin' - A Brewing and Scribal Symposium {Barony of Ayreton} [Mt. Prospect, IL]

Candlemas {Shire of Dragonsmark} [Lexington KY]

Herald's Pointe and Scribal Collegium {Wealdlake} [Howell, MI]

North Oaken Regional Academy of Defense {Marche of the Thistle} [Dalton, OH]

24 Fighter Practice

25 Reading Night

28 Pentamere Academy of Defense {Canton of Ealdnordwuda} [East Lansing, MI]



From the Minister of Arts and Sciences

Unto the gentles of our fair Barony do I, Lord Duncan Sinclair, send Yuletide Greetings!

With the coming of the long dark of winter, I know that many of you are putting your harvest to use to keep us warm and merry throughout out this cold and dark season.

My two year term will be up at BWTA. Lord Breddelwyn ap Taliesin will become my successor. I know he already has plans in the works for all of you to enjoy.

With that said, I am happy to present the final Artisan of the Month, the lovely Mistress Wulfwen atte Belle!

Wulfwen came to us from the Marche of Gwyntarian via the Shire of Southkeep (Trimaris), and the Barony of Delftwood (Aethelmearc). Her name comes from 11th Century England as a Lady land holder listed in the Domesday. For garb she likes 16th Century Turkish. She was apprenticed to Master Llewellyn ap Teirnon for Cookery and Feast Preparation.

Wulfie has finally at long last finished up the Society Feast Survey. The surprising results are available on our website.

Another item to check out is the edition of the Complete Anachronist (#152 How to Prepare a Successful Feast July 2011) that she authored. It was a great labor of love.

She cooks because she loves to make people happy, and to her, one of the simplest ways to do that is to share tasty food. She also hopes to help spread the word that Period Food is Delicious! She has been cooking for more or less 20 years.

How did she get started might you ask? "I loved going to feasts! And I thought it would be cool to help out. From there it was a short step to creating feasts."

Her advice for someone wanting to get started in cooking: “Start with already reconstructed recipes from reputable sources! When in doubt, ask other Cooks what sources they love. Mistress Waldetrudis, for example, has an extraordinary library, with many sources for dairy and cheese. Here are some suggestions:

Hardcopy Books:

Anything by Cindy Renfrow, including *Take a Thousand Eggs or More*

Anything by Terrence Scully, including *The Art of Cookery in the Middle Ages*, *The Neapolitan Recipe Collection: Couco Napoletano and The Opera of Bartolomeo Scappi (1570): L'arte et prudenza d'un maestro Cuoco (The Art and Craft of a Master Cook)* (Lorenzo Da Ponte Italian Library)

Online Sources:

Medieval Cookery, the site of Master Edouard Halidai, has a wonderful compilation of links to online sources, which can be searched by country.

<http://medievalcookery.com/etexts.html>

Master Edouard has also posted a large number of his own translations and reconstructions of medieval recipes, searchable by country. This is a wonderful place to start if you want a recipe that is ready to go.

<http://medievalcookery.com/recipes/>

Master Cariadoc has links to a number of sources translated by himself, his wife and others, including:

Sabina Welserin – one of my favorites, because some of the recipes have actual weights and proportions. Plus it documents a form of roux! And of course, very tasty food.

http://www.daviddfriedman.com/Medieval/Cookbooks/Sabrina_Welserin.html

Du Fait de Cuisine – another of my favorites, it includes a section where the Chef is praising those who made his efforts possible.

http://www.daviddfriedman.com/Medieval/Cookbooks/Du_Fait_de_Cuisine/du_fait_de_c_contents.html

Menagier de Paris – more awesome recipes, including many sauces.

<http://www.daviddfriedman.com/Medieval/Cookbooks/Menagier/Menagier.html>

Once you become familiar with how dishes were constructed, start experimenting with your own reconstructions!

For creating feasts: Help out in all the feast kitchens you can!"

She advises to take classes and talk with others who enjoy cooking. She still attends every class she can and talks with everyone she knows who cooks. She still learns new things every time! Also, reach out and chat with people who are interested in what you want to do - including her! - Maybe you'll learn something; often you'll meet a new friend!

Wulfie admires the work and friendship of Master Llewellyn, Mistress Helewyse, Master Edouard, THL Avelyne, Lady Ekaadi Govindasani...and many others!

Who or what inspires her? "The vast number of sources that have been translated and published in the last 15 years! There's so much out there to try...it's fascinating to dig through extant sources and find something that looks amazing...and then you try it and it is!"

Yours in service to the dream,

Duncan



From the Seneschal

Greetings, Sternfelders!

It's hard to believe 2014 is coming to a close. I don't have a whole lot to say this month, except thank you. Thank you for making my first year in the office relatively drama- and paperwork-free. To everyone who treks down to the southside on third Thursdays, thank you for taking an interest in the inner workings of the Barony and weighing in on all the "boring" stuff so that we can continue to have literal tons of stuff and hold awesome events.

Thanks for being welcoming, active, engaged, and helpful. It's a privilege to answer the question, "so, what group are you with?" And I have no doubt you'll all continue to give me reasons to be proud (and sometimes a little boastful) in 2015.

Please have safe and happy holiday gatherings and travel, so that you can come celebrate in the New Year with your SCAdian family at Baronical Yule. See you then!

Ysabel

November Business Meeting Minutes

Barony of Sternfeld Business Meeting Minutes for 11/20/2014

Baronage - We are still here. Baronial champions need to be selected before Yule.

Seneschal - We had a nice discussion about the Baronial Bylaws at the Althing. Please review and provide additional feedback by the December business meeting so we can begin polling. We need to figure out what has to be done to update the awards section.

Chatelaine - We've got a number of new folks coming. Talking about having a "new member meeting" once a quarter starting in the new year.

Herald - Jerrick is doing a Heraldic Consultation table at BWTA.

Chronicler - We had a Star last month. We will have one this month. At this point there have been no submissions for this issue.

Exchequer - We have funds. In the process of getting Saldis on the bank account. After discussion, we agreed to remove Katrina Pogue from the account, add both Karen Foster (the new Exchequer) and Charles Schefferly (the Regional Exchequer), and Retaining Karen Briscoe, Eric Chance, Polly Redmond and Aimee Formo as signers on the account. Second polling passed for the Financial Policy Changes discussed at the Althing. Second polling passed for the Officer Budgets that were set at the Althing.

Property Master - Look for his proposed project next month at the business meeting! We moved stuff from Leandra's to the new storage location. Several items that were damaged were left at Leandra's. We need to remove those items to get rid of them.

Armored - We've got some new people fighting. Hooray! Looking for an update regarding the Loaner Armor project.

Rapier Combat - People show up and stab each other and our newbies love melees. She's teaching two rapier classes at RUM.

Archery - We will need to find a new location to hold archery by January 1st.

Equestrian - Officer needs to transition. Polling: 1 Candidate (Michael de Quarmby) - Polling passed. Additionally, Tualith (a MIT) would like to serve as deputy.

Chirurgeon - No report.

A&S - We have a new dance manual and CD with music.

Costumers - There will be a workday in December at Brownsburg Library.

Cooks - We met in November. The December meeting will be about holiday foods and people will be bringing holiday cooking. Pizelles for BWTA will be started. If you have empty popcorn tins to store Pizelles in, that would be awesome.

Web Minister - Web pages for Yule and Simple Day coming soon. BWTA site updates ongoing.

Prize Czar - No report.

Youth (VACANT) - No report.

Recent and Upcoming Events

Better War Through Archery - February 7, Steward: Waldetrudis. Things are moving along. Since we now know that we are doing Regional Arts and Sciences. A polling for \$150 for Judges Lunch (to be prepared by Odette) passed. Second polling in December.

Baronial Yule - January 10, Stewards: Antonio & Colette.

Simple Day - July 10-12, 2015. Steward: Hadley of Sternfeld.



December Business Meeting Minutes

Barony of Sternfeld Business Meeting Minutes for 12/18/2014

Baronage - Mateo Lopez won the Baronial Armored Championship and Bjorn Arnaldsson won the Rapier Armored Championship.

Seneschal - Holding off on voting on bylaws revisions until next month. The FFA has formally apologized for whatever is causing us to not come back for Simple Day in 2015.

Chatelaine - There's been several new people. Been busy. Looking at doing a new member's gathering, at least quarterly. Either to meet at her house or a restaurant or other public venue.

Herald - Someone got their name and device passed.

Chronicler - There will be a combined November/December issue of the Star.

Exchequer - Saldis is getting settled in and is going to work on reconciling bank statements.

Property Master - Ronan presented a proposal for six signs to use within an event site including an arrow that can be pointed. The proposal is for a budget of \$363.25. A motion was made to approve \$400 for the signs. First polling passed. Second polling in January.

Armored - We've been having Armored Combat at Fighter Practice. Going well.

Rapier Combat - We had one fighter authorize at Christmas Tournament.

Archery - The 17th was the last archery practice of 2014 and we are looking for sites to use in 2015. Please email Ysabel with ideas.

Equestrian - Insurance is being setup for 2015 practices. Practice will resume in February. Equipment for the games is being gathered and purchased.

Chirurgeon - No report.

A&S - Class list for BWTA is being assembled. Regional Arts and Sciences will also be at BWTA.

Costumers - We are looking to start earlier for the January Meeting. We've got a workday on Saturday at the Brownsburg Public Library. If you need help with a project, try and contact a costumer ahead of time to arrange help.

Cooks - Meeting is Sunday. There will be food.

Dance - There were 42 people at the Garfield Park English Country Dance. Working on getting live music for many of the upcoming dates. The Dancing is monthly in 2015.

Web Minister - Updates to BWTA site to be made, Yule site to come very soon. Simple Day website will be up by 1st of the year.

Prize Czar - Has prizes. If you need prizes for BWTA, let Grainne know.

Youth (VACANT) - We have lots of kids.

Recent and Upcoming Events

Better War Through Archery - We will have archery, classes, regional arts and sciences faire, and TRM will be present. Second polling for \$150 for judges lunch was moved, seconded, and passed polling.

Baronial Yule - Site will be opening at noon. At St. Timothy's.

Simple Day - None.

Demos - None.

New Business - The loaner armor project is proceeding - we should get the results somewhat soon.



BARONAGE and OFFICERS

<p>BARONAGE Baron Úlfr Imason Baroness Odile de Brienne (Greg and Elizabeth Capello) 1208 Hoover Lane, Indianapolis, IN 46260 Odile: (317) 313-8098 Baroness@Sternfeld.org Úlfr: (317) 450-1033 Baron@Sternfeld.org</p>	<p>SENESCHAL Lady Ysabel de la Zarza (Aimee Formo) 8906 Depot Drive Indianapolis, IN 46217 Seneschal@Sternfeld.org</p>
<p>CHATELAINE Lady Caristonia Ainslie (Kriten Bollerman) 6411 Pathfinder Court Indpls, IN 46203 Chatelaine@Sternfeld.org</p>	<p>CHRONICLER/WEBMINISTER Lord Antonio Bellini (Dan McGillen) 502 S Jefferson St Brownsburg, IN 46112 (317) 985-3178 Chronicler-or-Webminister@sternfeld.org</p>
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<p>MINISTER OF YOUTH Currently open office</p>	<p>PRIZE CZAR Lady Grainne inghean Bhriain mhic Neill (Carrie Barnes) PrizeCzar@Sternfeld.org</p>

☞ WHERE TO FIND US ☞

❖ **FIGHTER PRACTICE** - Every Tuesday, 6:30-9 pm. **Krannert Family Center, 605 S. High School Road.** Contact Seneschal Lady Ysabel (Aimee Formo), Seneschal@Sternfeld.org.

❖ **BUSINESS MEETING** - Third Thursdays, 6:45-9 pm. **St. Timothy's Episcopal Church, 2601 E. Thompson Road.** Contact Seneschal Lady Ysabel (Aimee Formo), Seneschal@Sternfeld.org.

❖ **DEAD LANGUAGES CLUB** - Second Wednesdays, 7-9 pm. Master John and Mistress Leanore's house, 1626 Marlborough Lane. Contact Master John & Mistress Leanore (John & Ellie Wright), 317-872-7216, elliepel@aol.com.

❖ **OPEN HOUSE/READING NIGHTS** - Every Wednesday, 7-9 pm. Master John and Mistress Leanore's house, 1626 Marlborough Lane. Contact Master John and Mistress Leanore (John and Ellie Wright), 317-872-7216, elliepel@aol.com.

❖ **COOKS' GROUP** - Third Sundays, 3-7 pm. 1238 Old Town South Drive Indianapolis, IN 46260. Contact Grainne at (317) 663-8098 to confirm time, place, and attendance. Alternating months also include a "Beginner's Bardic".

❖ **ENGLISH COUNTRY DANCE** - second Thursday of the month. Held at Garfield Park Arts Center 2432 Conservatory Dr Indianapolis, IN 46203 from 6:30 to 8:30. Contact Lady Colette (317) 456-2099 with questions.

❖ **EQUESTRIAN PRACTICE** – meets monthly, but schedule varies. See details at <http://www.midrealm.org/sternfeld/equestrian.php/>

❖ **ARCHERY PRACTICE** – Looking for 2015 meeting location. If you have ideas, contact Archery@Sternfeld.org.

❖ **OPEN BARDIC CIRCLES AND RANDOM POST-REVELS** - scheduled sporadically but enthusiastically. Contact Lady Floriana (Daisy Roberts Blair), 317-280-1930, or Lady Lucia (Kathi Coutinho), 317-293-0983.

❖ **GILDED COSTUMERS** - First Thursdays (& occasional weekends), 7-9 pm. Various locations. Contact THL Odette (Paula Ryan), 317-996-4630, odettedamboise@gmail.com.

❖ **YOUTH COMBAT** – Currently on hiatus but returning soon. Watch <http://www.midrealm.org/sternfeld/youth.php> for updates.

Barony of Sternfeld: www.midrealm.org/sternfeld

Middle Kingdom: www.midrealm.org

Society for Creative Anachronism: www.sca.org

Sternfeld Yahoo Group: <http://groups.yahoo.com/group/sternfeld/>

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